

**Dietary Supplements
Wachters' Organic Sea Products
Product Specification Information**

WK - Kidney-N-More

Product Code 4290 - 90 tablets

Dosage: 1 tablet three times a day in an 8 oz. glass of water.

Our bodies are incredibly complex. If we looked at our bodies organ by organ, we would be swamped with a million details and interactions. However, if we look at this myriad of body elements and ask, "What keeps us alive?" we might observe that the body consistently desires to maintain and build health. This health goal is called "homeostasis," a fundamental process for a healthful life. If the body were not able to maintain homeostasis, we would not survive very long.

The kidney is the organ of homeostasis. It functions in the body as a regulator of materials and fluids, removing impurities and returning the body to an integrated and harmonious environment.

The kidney is part of the urinary system, one of the major systems of our body. The kidney is the key organ in the urinary system. It is the filter for the body's waste products and toxins. Its more important function is the regulation of the body's water content. Best known for excreting water to the bladder, the kidney's duty is more of conserving water in order for the body to reabsorb it. The kidney regulates the relative salt balance, excreting excess amounts. It also separates waste from useful substances. Among its other functions, the kidney also plays a role in maintaining the acid-alkali balance of the blood. In short, keeping your kidneys healthy is extremely important.

Wachters' scientists understand the importance of providing support for the kidneys. They have put together a proprietary formula to provide necessary kidney support and more. In addition to Calcium, six key herbs have been blended with Wachters' Exclusive Blend of Sea Vegetation® and Chlorophyll to make WK -Kidney-N-More.

The Nutritional Functions of the Ingredients

Active Ingredient	Function
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Calcium (as carbonate, amino acid chelate)	<p>450 mg - 45% RDV</p> <ul style="list-style-type: none"> • Major component of bone, required for bone formation. • May be required for cell transport. • May be required for nerve cell functioning. • May be essential for muscle functioning. • Important for normal blood clotting.
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Active Ingredient	Function
Wachters' Proprietary Blend consisting of	<ul style="list-style-type: none"> • 2550 mg - no RDV established
Wachters' Exclusive Blend of Sea Vegetation®	<ul style="list-style-type: none"> • This trademarked blend of 15 different varieties of sea vegetation provides synergistic plant factors and minerals needed for energy metabolism by the body. • The best source of cell factors from the sea. • Provides over 60 essential minerals and 25 vitamins and other food factors. • Activates other ingredients • Essential for all functions of a healthy body
Chamomile Flowers (<i>Matricaria recutita</i>)	<ul style="list-style-type: none"> • Recognized as an anti-inflammatory, anti-spasmodic and calmative herb. • Also known as a gentle sedative and relaxant. • Contains infection-fighting compounds that may speed healing. • Helps ease a wide range of gastrointestinal complaints.
Dandelion Root (<i>Taraxacum officinale</i>)	<ul style="list-style-type: none"> • A powerful diuretic and anti-rheumatic • Increases production and flow of bile from the liver and gall bladder • A cholagogue used to reduce inflammation and congestion in the liver and gall bladder. • Valuable as a general tonic. • Has laxative properties.

Juniper Berries (<i>Juniperus communis</i>)	<ul style="list-style-type: none"> • Makes an excellent antiseptic. • Serves as a diuretic and anti-rheumatic. • Aids digestion and eases flatulence (carminative). • Can aid is external pain in muscles and joints.
Parsley leaf (<i>Petroselinum crispum</i>)	<ul style="list-style-type: none"> • A widely used culinary herb with healing properties. • Serves as a diuretic, expectorant, emmenagogue (stimulating the menstrual process) and carminative (eases flatulence and colic pains). • A rich source of Vitamin C..
Uva Ursi Leaves (<i>Arctostaphylus uva-ursi</i>)	<ul style="list-style-type: none"> • Also known as Bearberry. • Serves as a diuretic, astringent, antiseptic and delmulcent (mucilage soothes and protects irritated internal tissue.) • Soothes irritation in membranes of the urinary tract.
Cranberry Extract	<ul style="list-style-type: none"> • Has been used for centuries in both healing and cooking. • Studies have demonstrated that it plays an important role is preventing and treating urinary tract infections. • Helps relieve pain, burning, itching and other symptoms of urinary tract infections. • Helps deodorize urine associated with incontinence.
Chlorophyll	<ul style="list-style-type: none"> • May serve as a detoxifier. • Aids in reducing various body odors. • May act as a blood cleanser. • Can help relieve constipation. • May serve as a catalyst for making oxygen more easily available to the cells • May help protect against some toxins and may ease some drug side effects. • May be helpful in the treatment of calcium oxalate kidney stone disease. • May also have some antiatherogenic activity. • May have antimutagenic and anticarcinogenic activities.

Wachters' manufactures over 100 nutritional products, all containing the Wachters' Blend of Sea Vegetation®. Only pharmaceutical grade ingredients are used.

Wachters' Organic Sea Products dietary supplements contain no preservatives, yeast, artificial colorings, artificial flavorings, sugar, starch, corn or animal products. All tablet and powder products are made without heat, moisture or chemicals.

These statements have not been evaluated by the Food and Drug Administration. These statements are not intended to diagnose, treat, cure or prevent any disease. Please consult your health practitioner.

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