

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	5000 IU	100%
Vitamin C (as ascorbic acid, acerola rose hips)	150 mg	250%
Vitamin D (as cholecalciferol)	400 IU	100%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	50 IU	166%
Thiamin (as mononitrate)	50 mg	3300%
Riboflavin	50 mg	2940%
Niacin (as niacin, niacinamide)	55 mg	275%
Vitamin B6 (as pyridoxine hydrochloride)	50 mg	2500%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	50 mcg	830%
Biotin	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	50 mg	500%
Calcium (as carbonate, amino acid chelate)	60 mg	5%
Iron (as Ferronyl®)+	9 mg	50%
Magnesium (as oxide, amino acid chelate)	30 mg	7.5%
Zinc (as gluconate)	3.75 mg	25%
Selenium (as amino acid chelate)	50 mcg	71%
Copper (as gluconate)	500 mcg	25%
Manganese (as gluconate)	1.5 mg	75%
Chromium (as chromium complex TM) ++	50 mcg	42%
Potassium (as chloride, amino acid chelate)	8.5 mg	.2%
Para-Aminobenzoic Acid	25 mg	*
Choline Bitartrate	25 mg	*
Inositol	25 mg	*
Proprietary Blend consisting of:	200 mg	*
Wachters' Exclusive Blend of Sea Vegetation®		
Deoxyribonucleic Acid		
Ribonucleic Acid		
Chlorophyll		
Papain		
Lecithin		
Bromelain		
Hesperidin Complex		
Lemon Bioflavonoids		
Rutin		
* Daily Value not established		

+ Ferronyl® is a registered trademark of ISP Corporation

++ Chromium Complex TM is a proprietary blend of chromium (as nicotinate, picolinate*, amino acid chelate, aspartate, polynicotinate)

* Chromium Picolinate U.S. Patent No. Re: 33,988, by Nutrition 21

"Wachters' Exclusive Blend of Sea Vegetation"® is a registered trademark of Wachters' Organic Sea Products and is an exclusive combination of multi-marine plant sources.